

## MyWhoosh Sunday Race Club (SRC) User Guide

### Step 1: Understanding Sunday Race Club

The Sunday Race Club (SRC) is a weekly virtual cycling competition on MyWhoosh, open to men and women worldwide with prize money at stake.

- Men's Race: 40-55 km
- Women's Race: 35 - 40km

### Step 2: Categorization

Your racing category is determined based on your historical power profile. New riders must complete the **Power Passport Test** to be placed in the appropriate category.

### Step 3: Qualification for Monthly Final

To qualify for the **Monthly Final**, you must complete at least **two Sunday Races** within the month.

### Step 4: Registration Process

1. **Visit** the MyWhoosh SRC registration page.
2. **Register** for your race by **Thursday, 3 AM GMT** every week.
3. **Ensure** your smart trainer and devices meet MyWhoosh requirements.
4. **Wait** for registration approval.

### Step 5: Power Passport Test (For New Riders)

1. **Record a continuous video** showing:
  - Live search of current time and date
  - Height measurement
  - Equipment setup
  - Weigh-in immediately after the test
2. **Complete the full Power Passport Test workout** in the MyWhoosh app.
3. **Upload** your test videos on YouTube as unlisted and the links of same will be shared through the [Pre-Verification Form](#)

### Step 6: Race Day

1. Once your registration is approved, **Join the race** via the MyWhoosh app.
2. **Compete fairly**—cheating, harassment, or abuse will result in disqualification.
3. **Check post-race results** on the MyWhoosh website.

### Step 7: Classification & Prizes

- **General Classification:** Fastest overall finishers
- **Sprint & KOM/QOM Segments:** Special jerseys awarded

- **Team Category:** Teams (3-5 riders from same category) can compete any week to be the top team in their category.
- **Prize Money:** Winners receive payouts within **10 weeks**

**Step 9: Monthly Final & Additional Prizes**

- Compete in the Monthly Final for **bigger rewards**.
- Additional prize money is awarded for **team performances**.